

Piece of thin cotton wadding or white felt 13" x 9 1/2" / 32cm x 23cm

One piece black cotton, size as above, for background

Plain or patterned fabric, size as above, for reverse of quilt, to coordinate with your chosen flower colours plus extra 1/4 metre for the binding

Cotton/polycotton machine thread to match binding. Rayon machine threads in the colours of your source for the quilting

1/4 metre Bondaweb / WonderUnder / Vliesofix (no other make of similar product works as well for this technique)

Small tubes of acrylic paint (any make) in yellows, reds and blues plus black and white

Paintbrush, plus old saucer for mixing

Tracing paper or greaseproof paper for tracing

Medium black marker pen for tracing

Baking parchment or silicone paper for ironing

Black chiffon (old headscarves!) 13" x 9 1/2" / 33cm x 24cm

Some Fuse FX in black, same size as above (I prefer this to Misty Fuse)

Fuse FX and chiffon available from Art Van Go [www.artvango.ca.uk](http://www.artvango.ca.uk)



Fig 1

#### Step 1.

#### TRACE

Trace the entire image on to a sheet of tracing paper to use later as a pattern for positioning your shapes. Retrace all the separate shapes – jug, spots, flower heads and flower centres on to the paper side of a sheet of Bondaweb. DO NOT REVERSE THE SHAPES TO TRACE. Group the shapes according to colour, so all yellow flowers will be next to each other on one piece of Bondaweb, all red ones together on another piece etc. Leave a small margin of paper around each shape. (see templates page 81)

#### BONDAWEB

Turn the Bondaweb pieces over to the rough (gluey) side. Use diluted acrylic paint PLUS A LITTLE WHITE to make the colours opaque so they show up against the black background. Paint each piece in the correct colours. Allow to dry, but you can use a hairdryer to accelerate the process if necessary. The paper and glue will separate slightly to give a lovely texture.

When dry, cut carefully around the individual shapes along the drawn lines. Don't worry if the paper looks a bit wrinkly, it's meant to be! It will be necessary to do the next operation in several stages because some flowers are behind others or on top of the jug.

Using your traced pattern as a guide, first position the jug on the black cotton background, painted side down. Using baking parchment to protect the iron, iron the jug in place. When cool, carefully remove the backing paper from the Bondaweb. (see Fig 1)

#### Step 2.

#### FLOWERS

Next, position the background flowers, A,B,C and D and using baking parchment iron these in place. When the



Fig 2

parchment paper is cool, carefully remove this as well as the backing papers. (see Fig 2)

Position the foreground flowers and use the parchment as before to iron in place. Finally, position the spots and the flower centres and iron as before, using parchment paper.

When the parchment is cool, remove it and the remaining paper backings carefully. (see Fig 3)

#### Step 3.

#### PREPARE WADDING

Lay black Fuse FX over the image and a piece of black chiffon over this. Place between two sheets of baking parchment and, with a cool iron, bond all the layers together.

Layer up with wadding and a suitable backing fabric. Pin carefully through all layers to hold together while stitching.

#### Step 4.

#### FREE MOTION QUILT

Select your threads and free motion quilt around all the main shapes twice, using a toning thread, and then add any other stitched detail to these e.g. flower centres (see Fig 4) and the spots on the jug. When stitching the spots, make a couple of anchoring stitches before re-positioning the needle to the next spot. Cut all the linking threads at the end. (see Fig 5)

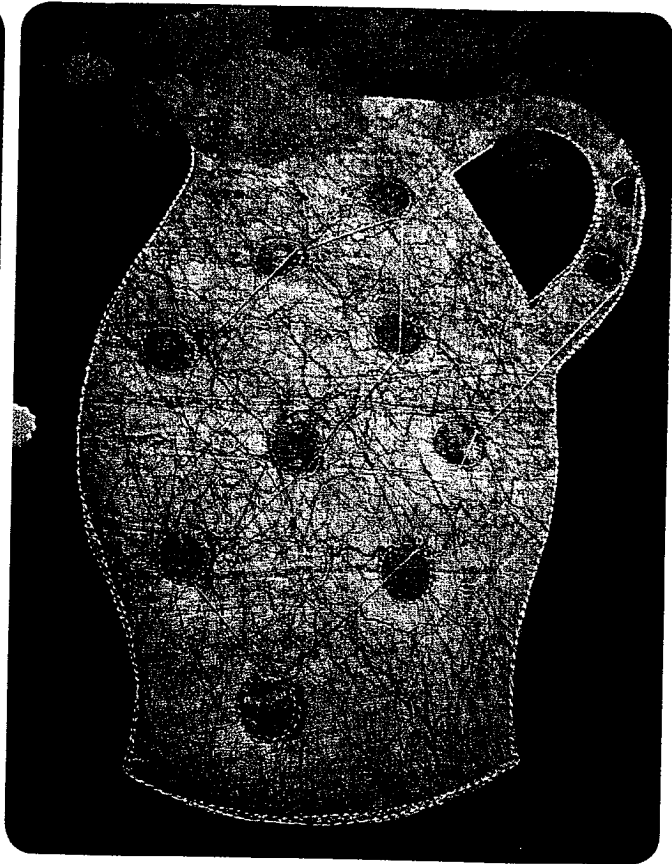
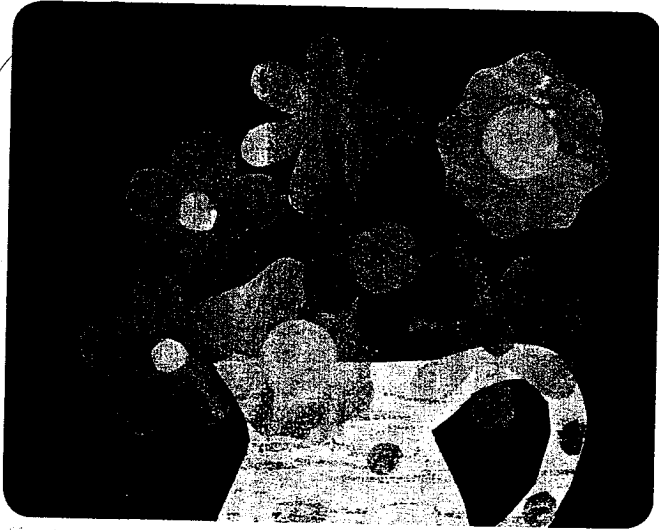
Free motion quilt the background, stitching right up to any outlines if you can and right up to the outer edges of the background. I have used a spiral pattern, but use any close pattern you are happy with e.g. vermicelli stitch.

Trim to finished A4 size.

#### Step 5.

#### BIND

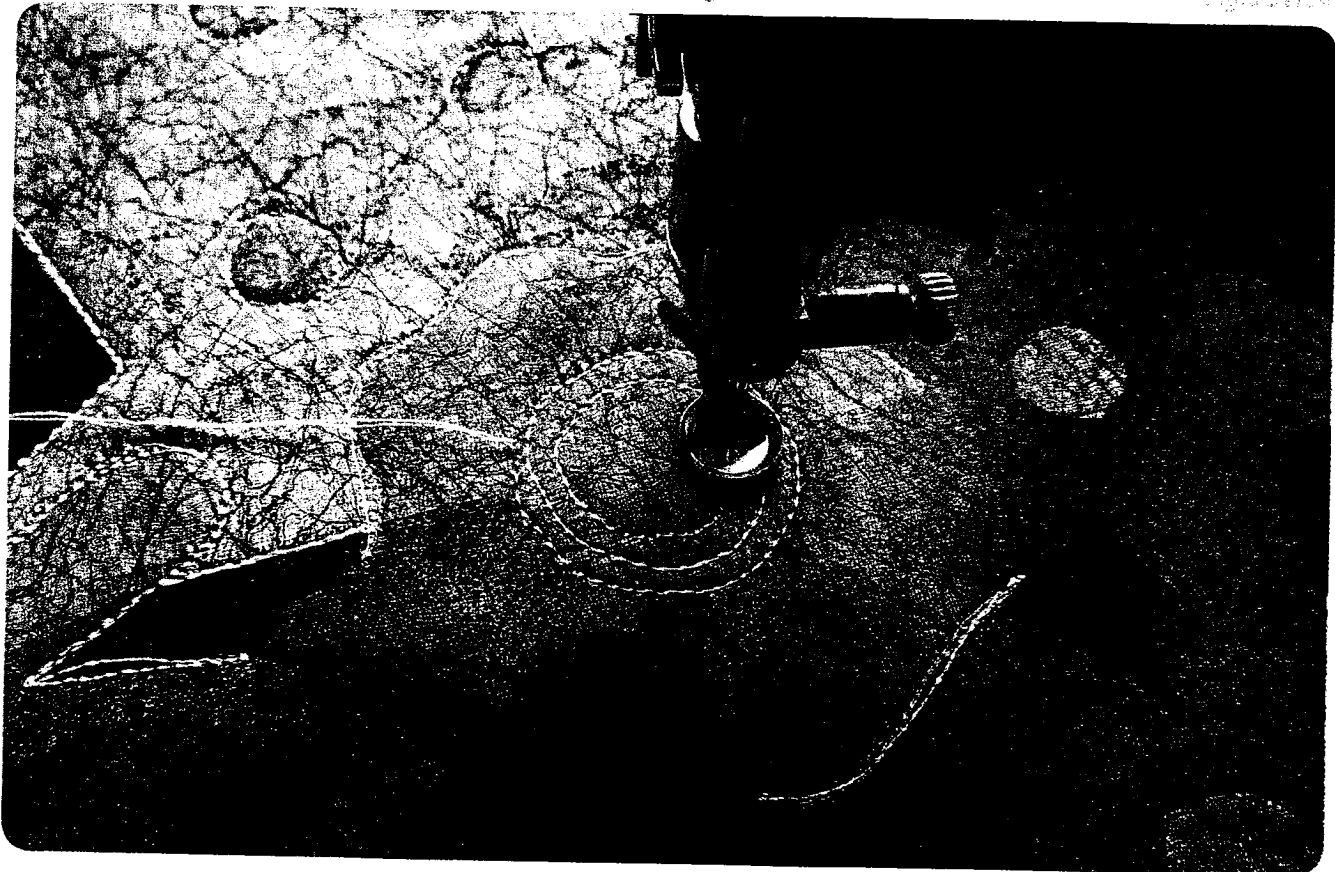
Cut the binding at 1 1/4" x 13" / 3.5cm x 36cm. Cut four. Stitch the binding in place, top and bottom first, and then the sides, handstitching any raw edges under. If you prefer, make a continuous mitred binding.

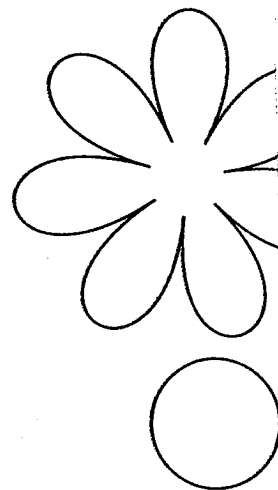
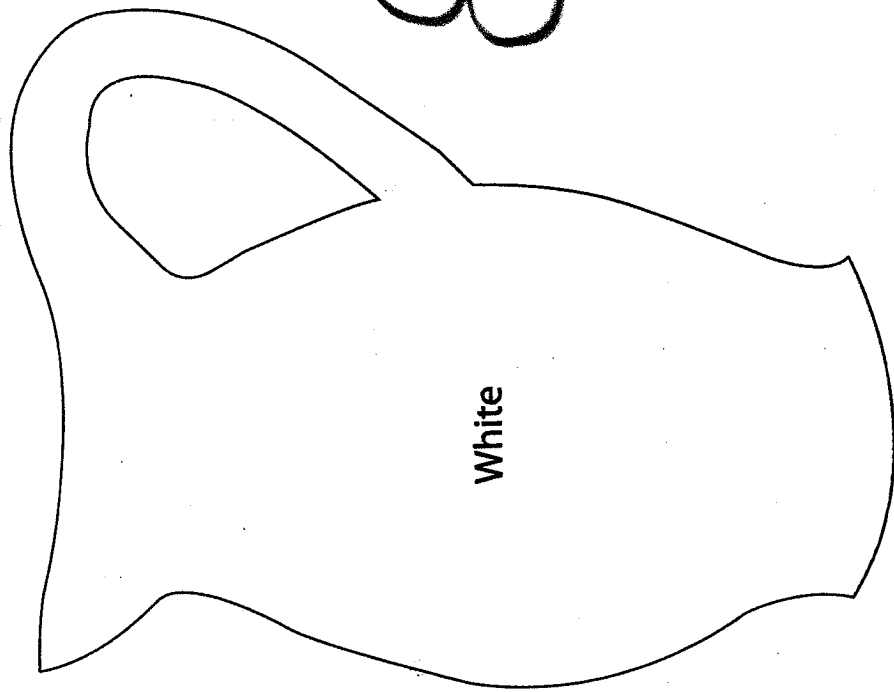
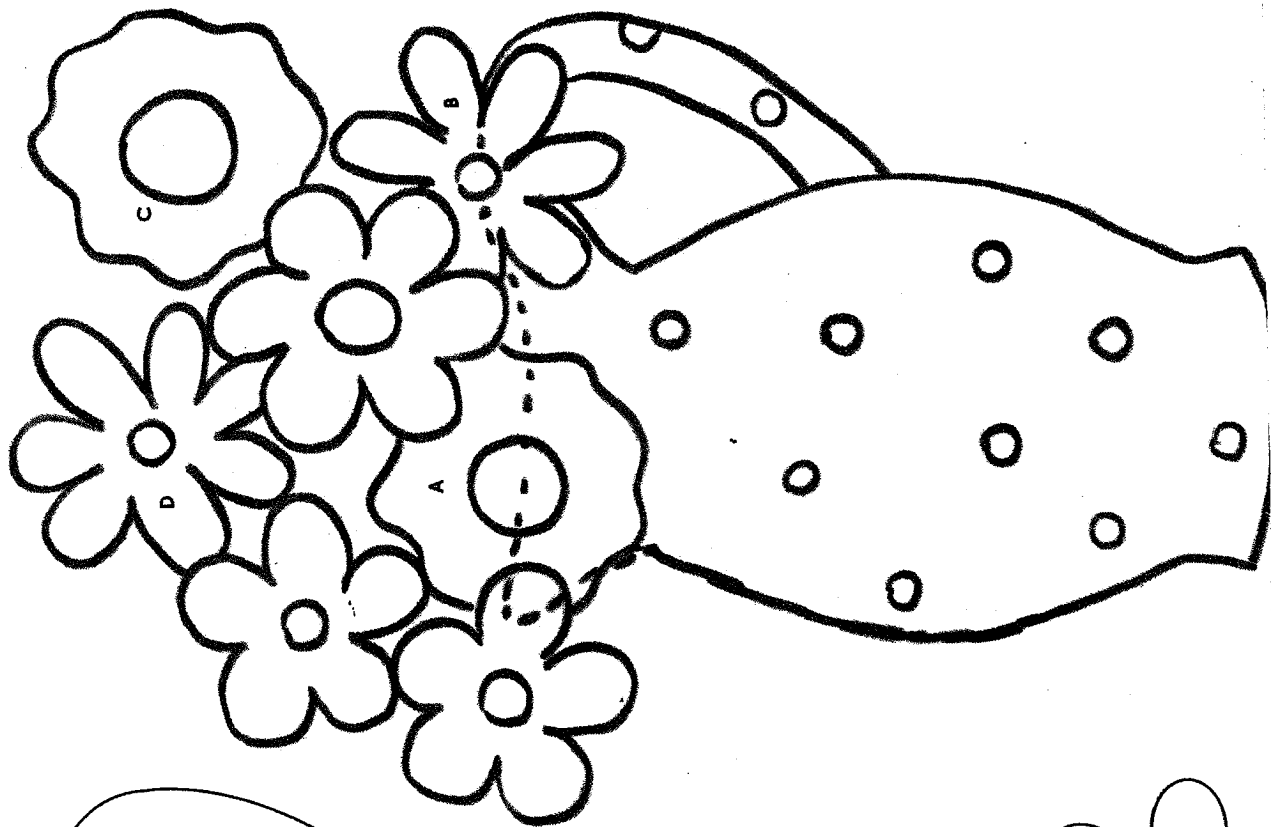


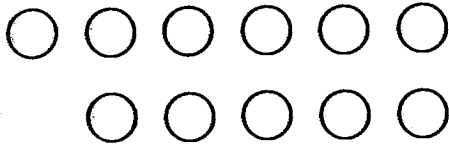
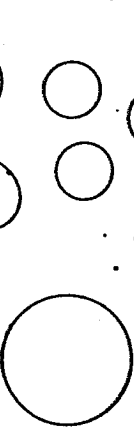
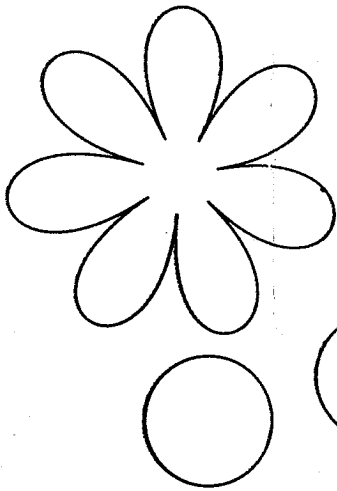
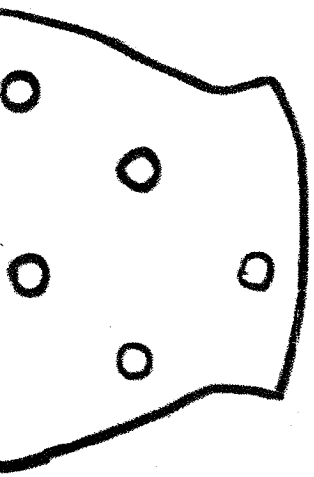
To personalise the quilt you could:  
Change the colours of the jug and flowers.  
Use a different jug or vase shape or shaped flower heads.  
Add some leaf shapes.  
Add beads or buttons to the flower centres.  
Save any left-over Bondaweb scraps for another project.

Fig. 4

Fig. 3 Back

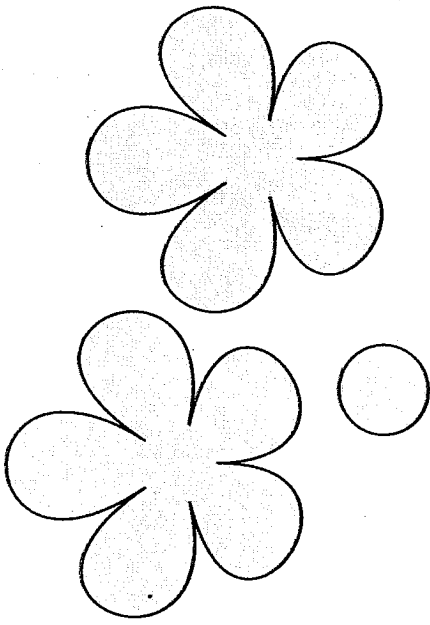




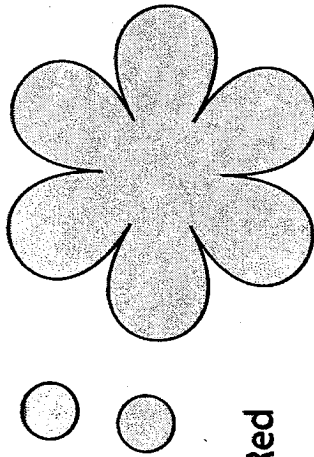


Yellow

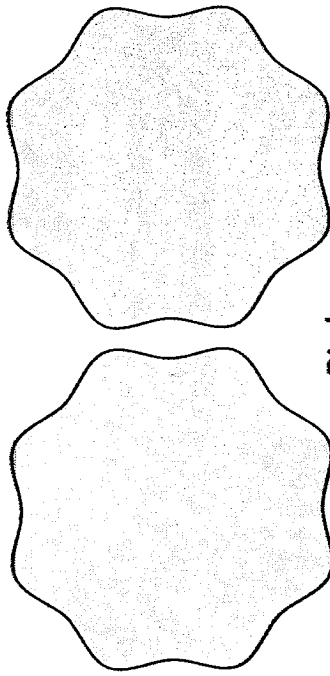
Blue



Orange



Red



Pink